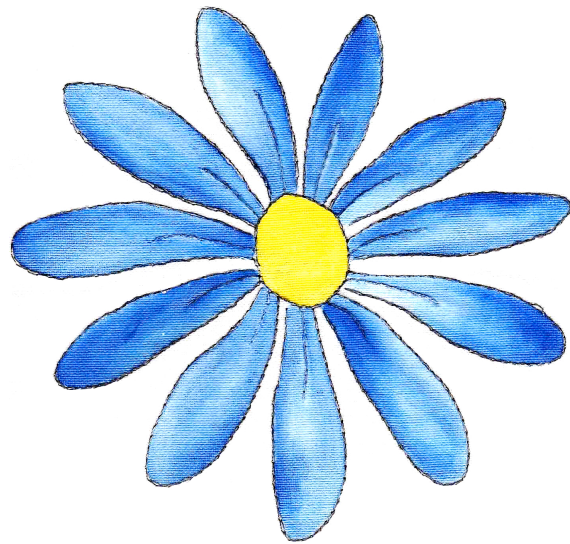


# Healing Ourselves With Understanding and Knowing



Kathleen Mary Willis  
in co-creation with the Higher Realms

# Gratitude

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My Infinite and Eternal Gratitude

to Mother/Father One

the Mighty Ones

St. Germaine, Keeper of the Violet Flame

Sanat Kumara, Planetary Logos, Keeper of Universal Law

Linda Dillon, Channel for the Council of Love

Steve Beckow, Editor-in-Chief for the Golden Age of Gaia

Suzanne Maresca, Host of Heavenly Blessings

Karen Wilson, President of the Hope Chest

Gaia

My Circle

My Guidance

M y F a m i l y

in the Higher Realms

a n d h e r e o n E a r t h

Thank You to each of you

for all the support

all the Love

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# Healing Ourselves With Understanding and Knowing

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## Introduction

Overcoming our fears — what the higher realms call our addiction to pain — may seem like a daunting task, but the keys to unlocking the mystery of our self can be awe-inspiring.

Understanding and knowing the false grids and our core issues is a way to become Who We Truly Are.

The Tarot, an ancient mystical system, not only gives us messages of encouragement, but it illustrates the entrenched beliefs and core issues, negative and positive, so we can more easily name the patterns of behaviour.

On [Voice of Freedom](#), [Daily Cards & Tarot](#), I am posting card spreads for greater understanding of this.

As the cards help us understand our repeated patterns of behaviour, I explain how the Divine helps us to let go, so healing occurs.

Linda Dillon, channel for the [Council of Love](#), through [her messages](#) on her website and in [her books](#) teaches us about our connection to the Divine.

Healing is a co-creative process. Invoking Divine Beings with their Sacred Flames, we come to understand and let go the ways of being that are not of love, enlightening ourselves, becoming consciously aware of our wholeness, our joy.

Invoking Archangel Raphael with his Emerald Flame helps us to know how Loved we are — that we are Love — with the understanding that we are a transition generation of “wounded and healed”.

In the action of invoking St. Germaine and the Violet Flame, as with each of the Sacred Flames, is understanding and letting go of all lack of self-worth and lack of self-love.

Archangel Uriel, when invoked with his gentle Silver Flame, helps us to look at what we hide away, what we really do not want to look at, and how with our Divine Authority — our will — we can eliminate what is not of love.

We can invoke Archangel Michael with his Blue Flame of Truth to understand and then lift the entrenched beliefs, the false grids, or allow his Blue Breath to pass through us so all war within — control, judgement, anxiety, doubt, futility— is no more, so there is only peace, Love, joy.

Calling on Archangel Gabrielle with her gift of Gold completes our healing, and we find as we expand into our wholeness, there is Infinite and Eternal joy, joy for sacred purpose, our service to the One.

To speed us, and all we are connected to, along our journeys we can choose to be forgiveness, compassion, gratitude everyday to create greater and greater balance.

No matter what has transpired in this lifetime or past lifetimes, the Mother forgives everything. We are in a time of Karmic Dispensation and all is forgiven.

The Mother's Gifts of Clarity, Purity, Grace, Wonder and Awe also create more and more balance within and therefore without.

In the higher realms there is no war, no control, no hierarchy. As we let go of the false grids and our core issues and embody the ways of the higher realms, we balance.

As above, so below, as within, so without, forgiveness, compassion, gratitude, peace, Love, joy.

May we all find our balance.

# Posting the Mighty Ones Daily

When we post the archangels, we are making a healing/creation chamber around us, around our living space, that helps us raise our vibrations, (Divine understandings) and frequency (Divine knowing) by bringing the balance of the higher realms into the here and now.

## Posting the Archangels – Daily Healing/Creation Chamber

Post Archangel Michael with his Blue Flame of Truth at the door to your house, apartment, room, and see him walk along to stand at the first corner, colouring the entire wall saffire blue for protection, change, trust, hope, FORGIVENESS, peace, serenity.

Beside Michael post Archangel Raphael with his Emerald Flame. See him walk along the entire second wall, colouring it emerald green, to stand at the second corner.

Emerald green is charity, COMPASSION, Love, Who We Are.

Beside Raphael post Archangel Uriel with his gentle Silver Flame and see him walk along the third wall to the corner, colouring the entire wall shiny silver. Silver is truth, beauty, abundance, FORGIVENESS, connectedness; the future is Now.

Beside Uriel post Archangel Jophiel and his magical Jophie Dust colouring that wall magenta and then to stand at the fourth corner. Magenta is the perfect balance of red and blue, COMPASSION, beauty, wisdom.

Post Archangel Gabrielle with her burnished golden trumpet in the middle of the chamber. Her trumpet is the power of golden truth, worthiness, healing, GRATITUDE, joy conscious awareness of our wholeness.

FORGIVENESS, COMPASSION, GRATITUDE, peace, Love, joy are the ways of heart consciousness, Divine Alignment, knowing sacred purpose.

## Understanding Addiction to Pain, the False Grids and our Core Issues

Understanding the false grids, the entrenched beliefs, and our core issues, mental, emotional constructs, is important to rid ourselves of addiction to pain, within and without.

Unconscious and sub-conscious entrenched beliefs create addiction to physical suffering, illness, pain, aging. The entrenched beliefs are connected to the very old belief that “God is punishing.”

Our unconscious and sub-conscious core issues are mental, emotional constructs, addiction to suffering, sorrow, shame, depression, exhaustion, anger, fear and connected to thinking and feeling, “I’m a disappointment.”

Small phrases from trauma early in life can consciously, unconsciously, subconsciously repeat in our brains, creating a reality of addiction to pain.

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Over the last couple of years I have been Divinely Guided to understand the false grids and our core issues using the Tarot as a way, a method, to name them.

Angeles Arrien, who wrote [The Tarot Handbook](#), says:

“The Tarot is a symbolic map of consciousness and an ancient book of wisdom that reveals to us visually and symbolically the creative ideas and states of consciousness that appear in multiple existences in all cultures.

“The seventy-eight symbols are portraitures and archetypes of inner and outer experiences that are prevalent within human experience.”

Angeles Arrien's handbook and the Thoth Tarot Deck, designed by Aleister Crowley and painted by Lady Frieda Harris, are the book and the deck of cards I was guided to use for understand of the false grids and core issues.

Lady Frieda Harris, the illustrator of the Thoth Tarot Deck, said:

“The Tarot could be described as God's Picture Book, or it could be likened to a celestial game of chess, the Trumps being the piece to be moved according to the law of their own order over a checkered board of the four elements.”

To understand the entrenched beliefs, the false grids, and my core issues, I developed a consistent schedule of pulling cards daily, questioning and listening to my Divine Guidance, and taking notes.

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This is the simple daily routine I was guided to do:

- Each morning I enter into my created sacred space.
- I shuffle my Tarot deck, and pull 5 cards placing them face down in a straight line, 5 across.
- When I turn them over, the 5 cards — read from left to right — are an illustration of what I experienced the day before
- I look up the 5 cards in The Tarot Handbook to learn what each card represents from Angeles' experience, take notes, then ask questions of my guidance for greater understanding and knowing for my journey. I am immense gratitude for my guidance, my circle.

I receive, I allow, I give, I accept, I am gratitude



I receive (understanding and knowing),

I allow (feel to heal in humility),

I give (forgiveness, compassion),

I accept (the Love),

I am gratitude (golden joy)

Talking to our guidance becomes second nature when working with the Tarot.

I learned to ask a lot of questions (out loud) and to 'know' with heart listening.

Understanding the false grids and our core issues,

we create conscious awareness of wholeness,

discovery of our Divine Sacred Purpose.

I was Divinely Guided to understand there are 6 negative false grids, 7 negative core issues and 10 extreme positive behaviour patterns within the Tarot.

The false grids and core issues are not found in the heart, but as if on a sliding scale, extreme positive to extreme negative, well outside of the heart center, creating repeating patterns of addiction to pain.

Some of the negative grids and issues have opposite reflections, extreme positive behaviour patterns. Letting go with humility — forgiveness and compassion — all extreme positive and negative behaviour patterns leads to balance in the heart centre.

6 false grids, entrenched beliefs, not found in the heart, “God is punishing”

7 of Swords – Futility

8 of Swords – Interference (doubt)

9 of Swords – Self-cruelty (all judgement, hatred)

5 of Wands – Strife (anxiety)

10 of Wands – Oppression (control)

5 of Disks – Worry (broken trust)

7 core issues, not found in the heart, “I’m a disappointment”

3 of Swords – Sorrow

5 of Swords – (Fear of) Defeat

10 of Swords – (Fear of) Ruin

5 of Cups – Disappointment

7 of Cups – Debauch(ery) (shame, moods)

8 of Cups – Indolence (no boundaries)

7 of Disks – (Fear of) Failure

10 cards that can be extreme positive behaviour not found in the heart:

0 The Fool

4 The Emperor

11 Lust(re)

16 The Tower

15 The Devil/Pan

3 of Disks – Works

4 of Disks – Power

6 of Disks – Success

9 of Disks – Gain

10 of Disks – Wealth

10 of Disks – Wealth

<p style="text-align: center;"><b>The False Grids</b></p> <p style="text-align: center;">entrenched limiting belief systems tend to manifest physical suffering, lack injury, illness, disease, "God is punishing"</p>	<p style="text-align: center;"><b>Our Core Issues</b></p> <p style="text-align: center;">mental emotional constructs tend to manifest <b>patterns</b> of mental emotional suffering sorrow, anger, fear, "I'm a disappointment"</p>
<p><b>OPPRESSION (control)</b> judgement of self &amp; others, control &amp; punishment Divine Feminine fear of abuse, guilt, fear, separation, lack, limitation, loss, 'being right' no apology, no forgiveness, God is punishing</p>	<p><b>SORROW (not being approved of)</b> all judgement, not good enough, control financial lack, suppression, depression <b>SHAME:</b> conscious wrong doing, 'being right' guilt, exhaustion, no apology, no forgiveness</p>
<p><b>SELF CRUELTY (hatred)</b> judgement, gossiping, exclusion, 'being right' fear, 'being right', 'martyr syndrome', perfectionist jealousy, competitiveness, greediness, limitation not good enough, lack of self worth, lack of self love no apology, no forgiveness, God is punishing</p>	<p><b>DEBAUCH (emotional attachment)</b> no apology, no forgiveness, 'being right' feeling unforgivable, 'martyr syndrome' <b>SHAME:</b> conscious wrongdoing, guilt addiction to pain, panic lack of self worth, lack of self love</p>
<p><b>STRIFE (anxiety)</b> separation, feeling unloved, 'martyr syndrome', guilt, not good enough lack of self-love, lack of self-worth financial lack, limitation loss, abandonment, isolation, loneliness no apology, no forgiveness God is punishing</p>	<p><b>INDOLENCE (addiction to pain)</b> no apology, no forgiveness, hatred being right, guilt, feeling unforgivable <b>SHAME:</b> conscious wrongdoing, no trust over extension, exhaustion, memory issues <b>DISAPPOINTMENT</b> lack, feeling unloved, limitation, loss, shame no apology, no forgiveness</p>
<p><b>WORRY (broken trust)</b> betrayal, limitation, guilt, lack of self-worth, lack of self-love loss, abandonment, isolation, loneliness no apology, no forgiveness, God is punishing</p>	<p><b>FEAR OF RUIN (competition)</b> anger/fear of relationship ruin anger/fear of financial ruin, lack, shame anger/fear for safety fear of implementing a creative idea fear of no apology, no forgiveness</p>
<p><b>INTERFERENCE (doubt)</b> not being approved of, feeling unloved, being right lack of self worth, lack of self love, limitation aging, lack of self worth, not good enough, guilt abandonment, isolation, separation, loneliness no apology, no forgiveness, God is punishing</p>	<p><b>FEAR OF FAILURE</b> fear of failure of Divine mission, shame impatience, anger, fear for safety fear of the unknown, fear of dying anger/fear of the past repeating anger/fear of asking for assistance fear of no apology, no forgiveness</p>
<p><b>FUTILITY</b> lack, limitation, not good enough, 'martyr syndrome' 'being right', loss, financial lack, lack of trust lack of self worth, lack of self love abandonment, isolation, separation, loneliness no apology, no forgiveness, God is punishing</p>	<p><b>FEAR OF DEFEAT (not being approved of)</b> fear of moving forward, shame fear of conflict/clearing with others guilt, fear of apology, of forgiveness, anger, panic, fear of new relationships</p>

Daily, pulling a 5 card layout, patterns of behaviour begin to emerge.

Asking, “How is this current situation connected to the past?” leads to clarity.

Repeating patterns of addictive behaviour often originate from our original triangle of Mother/Father/Child.

Taking time to listen is key. Our guidance has much to tell us to help unlock old repeating patterns of addictive behaviour. Taking notes helps immensely.

Extreme positive behaviour can be very difficult to understand. When a positive card is in the spread, pause, ask if it is extreme.

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For understanding the false grids, invoke [Archangel Michael with his Blue Flame of Truth, of Infinite Potential](#), [Archangel Raphael with his Emerald Flame](#) or [St. Germaine and the Violet Flame](#).

For example:

I invoke [Archangel Michael with his Blue Flame of Truth](#)  
for understanding and clarity of the false grids.

When false grids, the patterns of behaviour are discovered and realized:

Feel them to heal them  
Allow tears to fall  
Feel the emotions

Then sit still quietly while the false grids, the entrenched beliefs, are lifted by Archangel Michael.

Allow the false grids to be lifted by Archangel Michael. (1)

Thank Archangel Michael.

Call on Archangel Gabrielle

to come with her golden healing, joy.

Thank Archangel Gabrielle.

Repeat until there are no more false grids to be lifted.

The work can feel as if it goes on and on because as we reach new levels, there may be deeper work to do, more layers to be understood, lifted.

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For understanding core issues, invoke Archangel Michael, Archangel Raphael, Archangel Uriel or St. Germaine and the Violet Flame.

For example:

I invoke St. Germaine and the Violet Flame  
for understanding and clarity of my core issues.

When core issues become apparent allow the feelings to arise.

Feel them to heal them

Let the tears fall

Feel the emotions

Here is an example:

With St. Germaine's help, upon discovery of 2 core issues, I felt my throat clog with sorrow to be coughed out, and then felt a burning sensation, failure, dropping from my throat to my solar plexus, to be expelled with my breath, my will, out through my solar plexus.

Core issues can be expelled with our Divine Authority, our will.

As well, Archangel Uriel with his Silver Flame can be invoked to help with core issues, Divine Authority, will.

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Divine Alignment with the Mother's Plan, Her Laws,

is Nova Being, Nova Earth, **peace**, **Love**, **joy**.

We are learning to let go with **forgiveness**, **compassion**, and **gratitude** lifetimes of difficult experiences, without judgement, in humility.

My principal guide told me through Linda Dillon, channel for the [Council of Love](#):

There is no such thing as mistakes.

The only mistake humans make is in judgement,  
when they judge themselves or others to be less than,  
when they do not see the glory of their own Divinity,  
and that is just sad.

From the understandings acquired pulling Tarot cards, invoking Divine Flames, and Universal Law, we can begin to see why repeated patterns of dis-ease occur.

Understanding the false grids and our core issues is a co-creation with the Divine. With conscious awareness of the healing power of [apologies and forgiveness](#), [compassion](#) and [gratitude](#) for self and others, we heal.

When we ask for clarity of  
the false grids, entrenched beliefs,  
and our core issues, our sorrow and fears,  
we become consciously aware of our wholeness.

With forgiveness for not expressing and experiencing  
ourselves as Divine, compassion and gratitude,  
humility, we create Nova Being, Nova Earth.



Asking for Divine Assistance — Archangel Michael to lift the false grids and for Archangel Gabrielle's healing gold, we unblock limitation, control, all resistance to [peace](#), [Love](#), [joy](#).

Our core issues can be recognized with Divine Assistance and expelled with our Divine Authority, our will.

[Opening to receive the Love](#) eliminates feelings of separation.

We heal ourselves with understanding of the false grids and our core issues, negative and positive, and by invoking Divine Assistance and Universal Law, creating our freedom, and freedom for many — balance — in the interconnectedness of All.

#### An Invocation:

I invoke Sanat Kumara and the Universal Laws of Change,  
Transmutation and Elimination for the ability and flexibility  
to change, transmute, and eliminate the false grids  
and my core issues,  
for the courage to take the steps  
to create balance in all realms, rejuvenation.

[Forgiveness](#), [compassion](#), [gratitude](#),  
[peace](#), [Love](#), [joy](#).

Do check [Voice of Freedom](#), [Daily Cards & Tarot](#), where I'm posting card spreads for greater understanding.

## Footnotes

(1) The false grids, the entrenched beliefs, are lifted by Archangel Michael:

“Archangel Michael discusses ‘False Grids’ and how to eliminate them”, December 13, 2013, <http://counciloflove.com/2013/12/archangel-michael-discusses-false-grids-and-how-to-eliminate-them/>

“Now we call upon Archangel Michael, Archangel of Peace, Warrior of Love, to come forth in this moment to the collective and to each and every one of us, and with his sword and shield and his Blue Flame of Truth, to lift this false grid from you, to eliminate it right now.

“Allow it and let him and let go. And for some of you it may feel the weight is lifting or it is simply dissolving into a million sparkles. Let it be what it is.

“Let go. And breathe. **Breathe blue.** **Breathe pink.** **Breathe gold** (our tri-flame) and see how your chest is free to expand.”

Always finish with gratitude to whoever has been assisting, and also to Archangel Gabrielle who fills us with her golden healing, her joy.

“So let us ask Archangel Gabrielle, our beautiful Lily of Love, our Trumpet of Truth, to come with her molten gold and to simply reseal, to heal, to re-grid, any spot that you have noticed – and even those you haven’t – let’s ask her to come in at this moment and polish up and reseal and assist us in the forever maintenance of our beautiful grid, so that as we join grid to grid to grid upon the grid of Gaia and the universe, that we are able to give and to receive, to transmit fully.

“We don’t want any broken links in our grid. **So breathe gold.**

“Until each and everyone of us on Gaia has simply allowed these illusions, this hologram, to disappear. And give thanks to **Michael** and **Gabrielle** and let yourself be.”

(2) Archangel Michael: Continue to Dream Big Despite What Is Happening Around You, September 4, 2014, <http://counciloflove.com/2014/09/archangel-michael-continue-to-dream-big-despite-what-is-happening-around-you/>

# 1. Gratitude On Mother's Day to Our Earth Mother, Gaia: Creating Peace On Earth For You

2017, Happy Mother's Day Gaia. Thank you for your patience, your fortitude, your perseverance, your Love for us. I apologize, I am so sorry, for my contributing to your suffering.

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As a way to peace, Universal Mother Mary spoke to me in a personal reading, through Linda Dillon April 2015, about the power of forgiveness and compassion:

“Apologies — receiving a genuine ‘I’m sorry’— when someone says that truly from their heart it is a request for forgiveness, and so in the person receiving the apology, it is not only the transmutation, and what I would call the rectification of an injury, it is an expansion of the receiver to then from a higher realm grant forgiveness and feel compassion.” (1)

We have all witnessed actions that are not of love, and either been the perpetrator or on the receiving end of this behaviour.

With growing conscious awareness of our wholeness, and with help from the Divine Teachings through the Council of Love, I witness myself shifting.

Compassion is not tolerating or allowing excessive behaviour — for example bullying — it is not stepping back in agreement of the behaviour, but at the same time it is never judgement because that is never of love.

The bully without could be reflecting the ‘bully’ within, for us to see our selves, without judgement.

When I 'bully', criticize myself,

I am contributing to the sorrow of this planet.

Not judging anything — ourselves, any person or situation — being and sending compassion is the way of Nova Being.

Aware of how we feel, yet acting with compassion, we hold the higher vision for everyone involved.

When we can let go in moments of misunderstanding, chaos, mayhem, and send compassion to individuals, groups, organizations, instead of feeling 'less than', we find that the compassion comes right back to us and creates miracles.

Taking sensible action with excessive behaviour patterns, within and without with compassion, Love, our Divinity rises up rather than defensiveness in ourselves or others.

Being defensive is something

we are learning to let go.

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An act of Love, Archangel Michael asks us to stop all judgement of self and others in his Plea for Peace Now Meditation by saying, "Enough.":

"It does not need to take nations making decisions. It does not need to take decades or years. What it takes is you claiming your creator self in sacred union with us and deciding right now, "Enough."

"We will proceed and we will anchor not merely as an act of will, as an act of creation, but an act of Love." (2)

When we are consciously compassionate, on a daily basis, we find ourselves in a constant state of forgiving everything without judgement.

We can see with clarity where we have perpetrated, present or past, and sincerely apologize for our unconscious behaviour.

If there is need of an apology, we can step forward and ask gently.

In the asking for an apology, where there has been wrong-doing, there is opportunity for reparation on all sides.

Again without judgement or defensiveness, when carried out with caring and gentleness, there is possibility for opening to Love, healing for all involved.

Giving and receiving apologies, forgiveness, self forgiveness, and forgiveness of one another are all part of the healing of the wounded warrior — “wounded and healed” as Archangel Raphael says — becoming Nova Being, finding our center, balance.

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The sorrow of humanity is all judgement.

All judgement creates suffering within and without.

Judgement of others is judgement of self.

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Compassion — forgiveness and non-judgement of self — creates peace within and without, freedom from all dis-ease.

May we have the strength to Lovingly engage with ourselves, with our fellow Gaians, to apologize, forgive, be compassion, peace and Love.

### An Invocation

I invoke Archangel Michael and his Blue Flame of Truth  
for greater understanding and knowing of compassion,  
peace and Love, within and without.

May peace and Love reign on Earth  
with all humanity for our Earth Mother, Gaia.

### Footnotes

(1) personal reading through Linda Dillon

(2) [Plea for Peace Now Meditation](#)

## 2. Archangel Raphael: Transition Generation, “Wounded and Healed”

The Mother says the resurgence of the Tsunami of Love is bringing up the “dis’s” — distrust, disconnection, patterns of control — feeling miserable. I can attest to this having recently spent a night of dis-ease.

The Mother, Archangels Raphael, Gabrielle, Michael, Uriel and many more are with us, urging us to allow the Tsunami of Love to power-wash away, release, push out all the “dis’s”, sorrow and pain, and to say “Enough!” in peace as Archangel Michael has asked us to do.

Archangel Raphael, Healer of the Universe, Healer of Humanity, teaches us all imbalance, all lack of vibrant health, is the result of a heart full of sorrow, feeling unloved:

“I stand amongst you, behind you and in front of you at this Ascension Portal, this moment in this day, and my offer to you is the healing.

“And it is the healing of your heart because all dis-ease, all imbalance, all lack – your term – of vibrant health in all spheres, all dimensions, all realities, result from a sorrowing heart, result from feeling, believing that you are not loved and cherished, and that you are not Love, that you are not Peace, that you are not Creation.

“And this, my friends, is a falsehood. And it is this falsehood that I come, not merely to transform, but to eradicate.” (1)

Raphael says perpetration has occurred on so many levels that we think illness, death, dis-ease is normal. He explains that we exert control by hurting each other, to feel better about ourselves.

“It has been perpetrated – we do not need to go into ancient history – but it has been perpetrated so long and so deep that much of the collective of Gaia has firmly come to believe that illness, death, disease is simply a part of life. My beloved friends, that is an absurdity beyond measure.

“The pattern has been, ‘I am hurt, I am wounded; I will seek comfort from you, but really what I’m going to do is to hurt you so you hurt as much as I do,’ which, of course, simply is the element of the old paradigm of control.

“It is control to think that you can hurt another and thereby feel better yourself.”

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The new paradigm we are in now, is a “transition generation”, a place where we are not in denial of our pain, but in the creation of “wounded and healed”.

Raphael clarifies:

“Now, there are many faces to this and there are many other areas I wish to speak to, but the new paradigm as you engage is not to pretend that the wounding has not occurred because you are the transition, what we would term, generation. So, you are the ‘transition generation’.

“So, you are the ones that move from the old paradigm of wounding and being wounded – because it is always both – to the new paradigm of wounded and healed.”

Archangel Raphael says it takes compassion, forgiveness and “fierceness” to be the new paradigm of “wounded and healed”:



“When you are engaging -- and it does require, might I say — a certain element of determination, of compassion, of forgiveness and fierceness.

“Now, why fierceness? Because most of you are the gentlest souls in the Universe and so, when someone hurts you, you may lash out momentarily, but the pattern generally – particularly for lightworkers – is to bury the hurt, to cocoon into your heart and to somehow shift it into self-blame, self-doubt, self-hurt, rather than pushing it outwards.”

This pattern of self-control, burying our pain, shifting it to self-judgement, prevalent in lightworkers, and particularly in females, I can attest to. This can also be a family pattern.

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Here, Archangel Raphael asks us not to project pain outwards:

“Now, I am not suggesting that blame and shame and guilt outwards is the way to go; it is not. But there is a fierceness – and you may call on me or Michael for this; Gabrielle is good at it too – to say, ‘No.’

“‘No, this is not the way to behave; I do not accept wounding; I will not allow you to treat me in this way and we will not proceed in this manner,’ all the while holding the boundary, holding the Love, but not giving permission to be wounded because it is not of Love.”

Knowing our boundaries so we do not allow wounding, patterns of control — unloving nicknames to bullying — is how we shift the old paradigm.

Raphael reminds us that Archangel Michael tells us to say, “Enough” in his Plea for Peace Now Meditation, and with the resurgence of the Mother’s Tsunami of Love, with determination, we allow pain to wash away, or as

Raphael says, exhale, expel, release wounds, fears, core issues, to the Universe.

“And it is the way in which the paradigm is shifting, is for more and more humans to say, ‘No.’

“Michael, my beloved brother Mi-cha-el, has said repeatedly talked about the power of ‘No’ and also talked about the collective being at the point where you are saying, ‘Enough.’

“When you are saying, ‘Enough’ there is a ferocity involved, because you are saying, ‘I will not play; I will not engage in that old pattern; I demand kindness, consideration, gentleness, understanding, compassion and Love.’

“And that is the only thing that is acceptable, and in so doing, you are reinforcing your beloved self, you are exhaling, you are expelling the wound, releasing it to the Universe.”

Archangel Raphael says that the Mother, the Mighty Ones, our guides and guardians transmute our pain when we expel it and in the transformation we are filled and lifted up:

“We can take care of it so you are not giving it back to the person who wishes to do the wounding.

“Let me be very clear about that. You are releasing it to the Universe, to us, to me, and you are not taking it on.

“Give it to me, because this is the transformation. Yes, you carry the wounds, but you are at the same time being filled and lifted up.

“Your body, your Lightbody, is transitioning.”

Call on Raphael and his Emerald Flame,  
St. Germaine and the Violet Flame,  
join the Mother in Her Tsunami of Love,  
Archangel Michael and his Plea for Peace Now

Let's say

“Enough!”

together,

and exhale,

expel, release all wounds,

all patterns of control to the Universe.

### An Invocation

I invoke Archangel Raphael, his Emerald Flame and the  
Universal Laws of Change, Transmutation and Elimination  
for patterns of self-control  
and for clarity of limits and boundaries.

### Footnotes

(1) “Archangel Raphael Steps Forth to Heal The Hearts of Humanity”,  
November 6, 2015, <http://counciloflove.com/2015/11/archangel-raphael-steps-forth-to-heal-the-hearts-of-humanity/>

All other quotes from same source.

### 3.The Violet Flame: Operation Torch For All War, Within and Without

As Keeper of the Violet Flame, St. Germaine urges us to torch everything not of love — in meditation and daily life — within and without.

St. Germaine says with the energy of the Violet Flame, which can be the Bonfire, the Torch or the Single Flame, we can change a Universe, let alone a planet, or an individual.

The Violet Flame helps us to make peace with our fears, our ego, forgive everything.

Within the action of torching is understanding of ‘the old.’ Everything that is not of love is let go of.

When we take the higher condition of the Divine Flame, we see the false grids and our core issues are situational responses, beliefs and constructs, limitations, fears that we are not Loved enough or cared enough or powerful enough.

Bringing the energy of the Sacred Flame to the doubt, the fear, whatever is not of love, dissolves our old beliefs and issues – the illusion.

The Violet Flame is inspiration, transmutation, transformation, transubstantiation, forgiveness of self, others and situations, fire within for the burning away of all karma, past, present and future.

It is passion, freedom, healing and creation.

The Violet Flame is the essence of the unknowable  
at that point of conjunction and Love,  
c r e a t i o n, with the Mother,  
and a way for us to know  
the Love of the Father,  
as well.(1)

St. Germaine

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St. Germaine explains how to use the Violet Flame. He implies that activity in the Middle East, for example, could be connected to our own lack of self worth:

“Now what you are doing is basically your work — that you are taking care of, say the Middle East, or lack of self-worth, it is literally like you are looking over your shoulder, a mythical monster that is chasing you and you torch it — because it does not have substance, not real substance any longer.”

He says that we are torching patterns of behaviour with truth:

“It is an idea. It is a pattern of behaviour that you are truly torching but it is looking over your shoulder, sometimes you turn around to do the Michael work, and yes, you use his Flame on my torch, but you are torching anything, eliminating anything, igniting it, so that it doesn't exist.”

Understanding and using the Sacred Flames consistently to see the truth of Who We Are is so powerful that we literally change our world.

We can change what is not of love in our external reality.

St. Germaine says our perspective is limited of how effective the Sacred Flames are:

“Now you say to me in a very practical way, ‘Well St. Germaine does that mean if I do this every day, that we of Earth do this every day, that war in the Middle East will cease?’

“And that is exactly what I am telling you.

“You have no idea how limited your perspective on how effective these tools that we give you can be.”

Daily use of the Sacred Flames can bring about peace within, peace without, and all the wonderful other attributes of the higher dimensions:

“In the higher dimensions there is a purity, so there is no pollution, there is no war, there is no hunger, there is no poverty. Now take each of those and think of the opposite on the spectrum.

“There is sharing of resources. There is the glowing beauty of Gaia and of human beings in the fullness of their health. That is why we’re asking you to bring in your new body.

“There is no war. There is Community and Unity, the more you live in the acceptance of that reality.

“This is not about denial, this is about you declaring and choosing to live elsewhere.

“There is no hunger. There is plenty for all. There is shelter for all.” (2)

All of this is within us.

Invoking St. Germaine consistently, sitting and listening in meditation in the Violet Bonfire for as little as 10 minutes a day, can give us better understanding of all lack of self-worth and lack of self-love.

We can also use the Violet Torch during daily life for distress with friends, family, co-workers, all situations not of love.

Using the Violet Flame — torching the false grids and our core issues — we come to understand and know the truth of Who We Are, within and without, creating Nova Being and Nova Earth where all there is is peace and Love.

### An Invocation

I invoke St. Germaine and the Violet Flame  
for the truth of lack of self-worth and lack of self-love,  
within and without.

Thank you, St. Germaine.

### Footnotes

(1) “St. Germaine Asks, ‘What Is Love Really?’”, January 17, 2014, <http://counciloflove.com/2014/01/st-germaine-asks-what-is-love-really/>

(2) “St. Germaine Reminds Us... We Are Multi-Dimensional, Inter-Dimensional Beings...”, July 19, 2014, <http://counciloflove.com/2014/07/st-germaine-reminds-us-we-are-multi-dimensional-inter-dimensional-beings/>

## 4. Archangel Uriel: Illumination Within, Claiming Our Divine Authority

How do we illuminate ourselves within and claim our Divine Authority?

Archangel Uriel, one of the 5 Mighty Ones, encourages us to call on him and illuminate with strength of purpose using his gentle Silver Flame the dark corners of our heart, our life — places we have ignored, that we haven't wanted to look at — and planetary darkness, uncertainty, as well.

He says as we do this — as we look at the things we do not wish to look at — everything becomes like an open book, and that then our energy is not spent on concealing anything.

We have, Archangel Uriel tells us, a sacred contract with him to help us understand, in this life and past lives, where we have been, how we have survived, what we have learned, and what phenomenal lightholders and Loveholders we have been and are.

Archangel Uriel offers us his hand

and his gentle Silver Flame

to illuminate our fears.

He tells us the future

contains our freedom,

Who We Really Are.



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One way to see if we have ‘hidden’ false grids and core issues is to observe what triggers us in the without.

Are we judging a political situation?

Does cruelty to animals effect us deeply?

Are we critical of a family situation?

If we are judging an ‘external situation’ more than likely there is an insidious internal judgement of self occurring.

Uriel is asking us to pause, to look within, to destroy in the most positive of ways, bring to awareness, eradicate with help what is not of truth, what is not of love, what is not of enlightenment and illumination.

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As an example, recently a new manager at work gave me a nickname I didn’t like.

Claiming my Divine Authority and with help from another, I asked — and the other asked — that I not be called that. (I felt the room was full of my unseen supporters.)

How did I feel after that?

I felt fantastic and walked out of there with the biggest grin on my face.

Divine Authority does not mean we’re doing any of this alone. We can ask for help in claiming our Divine Authority — our divinity.

When we face into our discomforts without hostility, large or small, we claim our Divinity.

In this case, both the other woman and I made the request with Love.

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Spiritual maturity, in my opinion, lies in knowing we're Divine and aligning with Love.

The future, with the fullness of our individual plans and the Mother's Plan, is being anchored into this very moment where we breathe in and out.

Archangel Uriel with his Silver Flame,  
is here to help us to claim our Divine Authority, our freedom.

#### An Invocation

I invoke Archangel Uriel and his Silver Flame  
to illuminate all my dark corners,  
all things I have ignored,  
not wished to look at,  
within and without.

#### Footnotes

"Archangel Uriel Gifts Us With His Silver Flame", April 2014, <http://counciloflove.com/2012/04/archangel-Uriel-is-the-guest-on-heavenly-blessings-3-29-12-and-gifts-us-with-his-silver-flame/>

Archangel Uriel On Divine Authority, May 19, 2017, <http://counciloflove.com/2017/05/archangel-Uriel-divine-authority/>

## 5. There's A New Wind Blowing: Archangel Michael's Blue Breath of Peace

[Archangel Michael's Breath of Peace](#) is a welcome wind for change on Gaia.

Archangel Michael's Blue Breath of Peace  
helps us to see, to feel, to understand and know  
what creates conflict within us, and therefore without.

To create peace we have need to know what our entrenched beliefs are.

Often the wording of them — what we say to ourselves or feel on a daily basis — is quite unconscious, even subconscious.

Entrenched beliefs, the false grids, can be passed down as family patterns or picked up from others and recreated within ourselves.

The false grids limit our freedom, Who We Truly Are.

As creators of Nova Being and Nova Earth  
we are here to claim our freedom.

The false grids are not real. They create confusion and chaos repeatedly.

Now is the time for the destruction, removal and elimination of them. As we do this work, we also do it for the collective through the energetic fields that surround each of us, and with understanding and knowing of the interconnectedness of All.

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We are seeing Nova Beings step forth in freedom, in the totality of Who They Really Are, and the old ways, the institutions, systems fading away.

The work of understanding and eliminating false grids can be done everyday.

As we go about our daily life, when issues arise, with our awareness to pause and laugh or do more in-depth meditation, contemplation, such as studying the Tarot cards, we free ourselves from the false grids knowing change is the Eternal Flow.

With each removal, we catapult ourselves forward, to experience more Love, more peace, more joy.

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Allowing Archangel Michael's Blue Breath of Peace to blow through us helps us to understand unconscious and subconscious entrenched beliefs.

One of the most insidious is the belief that God is punishing.

This can show up in many ways such as oppression (control), self-cruelty (all judgement), anxiety (separation), worry (broken trust), interference (doubt), futility and disappointment.

All the false grids stem from our lack of self-worth and lack of self-love.

Archangel Michael is on high alert  
in joy that we are calling on him for help.

Standing, sitting or lying while Archangel Michael's Breath of Peace passes through us to humanity, there is great opportunity to become aware of unconscious and subconscious entrenched beliefs, the false grids.

Taking the time to understand and know the false grids creates our freedom, Nova Being and Nova Earth.

## 6. The Blessing and Virtue of Joy

Each blessing and virtue is Infinite and Eternal, the perfect balance of the Mother's Blessing and Ability, Vibration and Movement, and the Father's Virtue and Sense, frequency born of the stillness.

Joy is a blessing and a virtue with abilities and senses, but it is also a quality, a constant state of being — the truth of Who We Are.

Joy is within us. When we expand, access, and grow our joy, our truth expands within that.

Archangel Gabrielle helps us to understand joy, through Linda Dillon, channel for the Council of Love:

“You are the substance of love and the matter of Joy. You are the embodiment of that essence of laughter and the tinkling of gladness, the song of freedom. All of these are interwoven as one, interwoven uniquely into your tapestry and into your being.” (1)

As we expand into our wholeness, we find in our reality there is enormous joy — never ending — Infinite, Eternal joy.

This does not mean that as we witness the disintegration of the old 3rd dimension, we will not feel pain, but with expanded awareness of our wholeness — our truth — we are beginning to understand and know that wellspring of joy within, that ocean of golden radiance to drink, to call upon, that nourishes us.



Gratitude cannot be separate from joy.

In gratitude and honouring, when we use the words, I Am, what we are doing is claiming and declaring our Divinity, our Love, peace, joy, our alignment with the I Am.

We are bringing ourselves — our heart, our consciousness, our mental and emotional bodies, our physical body — into alignment with our Universal self, which is our personal I Am.

We can think of it as a straight line into the connection and alignment with The I Am, with Divine Mind, Heart, Will, Presence, Peace, Love, Joy.

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Joy is a quality, a constant state of being, just like grace, that we can build and build, a frequency that increases, a vibration that expands in the field around our body.

With practice of the blessings and virtues — and especially with joy — our fields expand in vibration and increase in frequency.

As we align with our Divinity, our wholeness, we naturally, spontaneously spread the good news — the glad-tidings of joy — with everyone we meet.

With practice, our well-spring of joy becomes contagious!

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When we bring conscious awareness of our wholeness and truth to the energy of the old, entrenched beliefs and mental/emotional constructs, our knowing of joy — That Joy Is All — this helps us to resolve old issues.

The false grids and core issues do not have the expanded vibration and increased frequency, the solidity and substance of the Divine Blessings, Virtues and Qualities.

Angst, despair, disappointment never resolve or raise the vibration of what we are in angst about. . .

When we know the truth of joy, its substance, it's easier for us to shift from our addiction to pain — from the old ways of being — to remembering and knowing our Divine Alignment with our Universal selves and the I Am.

Our Universal selves are peace, Love, joy,  
and anchoring closer and closer in truth.

Being human often brings with it uncomfortable feelings and situations, but joy and truth are within us and always have been.

Joy is our essence, our core, our spark that we can build into a bonfire.

We can think of joy as the golden flame that burns away false grids and core issues.

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One of the blessings of joy is understanding that if someone close to us loses their joy — with our knowing of joy and our ability to be joy — we can help restore the one affected, to their joy, their balance.

Joy brings the light to situations,  
not in denial, but in truth.

Holding the truth of joy, we raise the vibration of angst, despair, disappointment, of old ways of being.

We also demonstrate our ability to be joy by claiming our birthright of joy.

Joy is clear and gentle, the truth of everyone's being,  
a strong, viral, healing energy  
that moves at en-light-ening speed.

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The colour of joy is gold, deep, olde gold, burnished gold, and gold heals — all parts of our body and of our bodies — our sacred field.

Archangel Gabrielle tells us, when we wish to heal:

“Fill yourself with my golden elixir for it will permeate every cell, every pore, every organ, your blood, everything, and it renews you. Joy is the anti-aging agent of the century and it makes you beautiful and radiant because there is nothing more beautiful than Joy.” (2)

Holding the higher vibrations and frequencies of the blessings and virtues, especially the quality, the constant state of joy — fully thankful, grateful, with the gift of life, purpose, and spirit — we journey toward Ascension, toward the creation of Nova Being and Nova Earth.

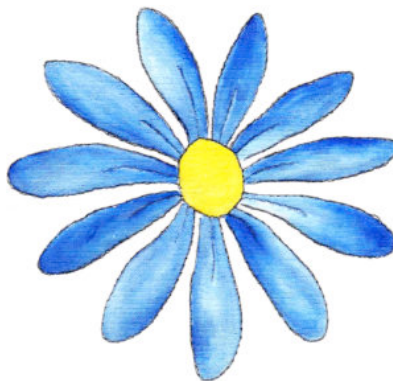


We are joy when we live in the heart, remaining there,  
being a daily reflection of the perfection of self and All.

Holding the vibration and frequency of joy,  
we are gratitude for everything.

An Invocation for the Blessing, Virtue and Quality of Joy

I invoke Archangel Gabrielle  
and the blessing, virtue and quality of joy  
for greater understanding, Divine Knowing,  
of the matter of joy.



#### Footnotes

(1) Archangel Gabrielle at [http://www.blogtalkradio.com/inlight\\_radio/2013/03/12/heavenly-blessings](http://www.blogtalkradio.com/inlight_radio/2013/03/12/heavenly-blessings)

Meditation 12:35, Archangel Gabrielle 25:22

Transcript: <http://counciloflove.com/2013/03/aa-gabrielle-speaks-to-the-divine-quality-of-joy-and-shares-a-practical-exercise-to-stay-there/>

(2) Loc. cit.

## 7. Love is Punishing + Sex is Shame = Peace Within

What?!!!

Yes.

Thank you, Mother, for your gentle Tsunami of Love.

Your Love vibrations filled me and started me on a line of questioning that led to the discovery and greater understanding of my sorrow and fear.

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Friday morning I awoke feeling uncomfortable. I sat and pondered and questioned and justified and got mad and so much more. . . for hours.

Around noon I pulled Tarot cards and asked if there were false grids and core issues involved, that I was just not getting.

The answer, “Yes, core issues of sorrow and failure.”

Patterns of behaviour popped out in full view from past events in this lifetime with subconscious/unconscious words running, illustrating a lack of self-love, lack of self-worth.

It’s impossible to be the Love of the Mother with core issues of sorrow and failure, and subconscious/unconscious repeating thoughts of “Love is punishing” and “sex is shame.”

These two deep issues — now at the surface, in my line of view — at first made me mad.

How could they be running so long without me fully recognizing or understanding them?

Why did I allow this discomfort to go on for so long?

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Now I am gratitude.

Thank you, St. Germaine, my guides, my circle,  
perfect Divine Timing for me to see these old issues.

As Universal Mother Mary says:

“What we have been doing is blending and blurring your conscious/  
subconscious/unconscious.

“So things that have been previously heretofore buried perhaps in  
your unconscious or conscious minds are coming to the surface and  
being seen, acknowledged – dealt with – as a conscious being,  
because your need for these, artificial really, separations is gone.

“You are consciously, as a supreme being, fully aware of who you are  
and what’s going on within.

“That is good news, sweet ones.” (1)

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The Mother’s Gifts of Clarity and Purity are wondrous in their intensity.

Getting the words, the mental emotional constructs, I can expel these old  
core issues with help from St. Germaine, Archangel Uriel, my will, my  
breath, and my Divine Authority, knowing they are not real.

I found sorrow and failure were sitting in my throat, 'choking me with fear'.

With St. Germaine's help, I felt my throat clog with sorrow to be coughed out, and then felt a burning sensation, failure, dropping from my throat to my solar plexus, to be expelled with my breath, my will, out through my solar plexus. (2)

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The Mother's Grace, Beauty, Wholeness, Oneness anchors more fully within me, along with Her Wonder and Awe, the miracle of the unfoldment of the Divine Plan, the thrill of knowing there is always more to learn, to experience, to understand.

The Mother's Tsunami of Love is filled with Her Gifts. Love in every moment gently penetrates every thought, every feeling, every action, the expansion in my tri-flame of clarity, purity, grace, wonder and awe.

Every prayer, call-out, invocation is heard and answered.

Alignment with the Mother's Law, Her Plan is our service.

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If Love is everything, then everything we do,  
no matter what, even if it is not in right alignment,  
is forgiven.

Divine Alignment with the Mother's Plan and Her Laws  
is Nova Being, Nova Earth, Nova Peace.

## An Invocation

I invoke Universal Mother Mary and Your Gifts of Clarity, Purity, Grace, Wonder and Awe for Divine Alignment with Your Plan, Your Laws, Nova Being, Nova Earth, Nova Peace.

Thank you, Mother.

### Footnotes

(1) “Universal Mother Mary ~ Resurgence of the Tsunami of Love,” May 13, 2017, <http://counciloflove.com/2017/05/universal-mother-mary-resurgence-of-the-tsunami-of-love/>

(2) With help from St. Germaine and our Divine Authority, core issues, mental emotional constructs, are expelled with our will, (for example by coughing or breathing out powerfully).

[False Grids and Core Issues: How To Know Them](#)

## 8. The Mother Forgives Everything

Everything is forgiven in this time of karmic dispensation.

Understanding and knowing the Eternal Flow — continual change — letting go of what is not of love, our external reality changes.

We create peace and Love on Earth.

A question was put to Archangel Raphael on Heavenly Blessings, January 2014, concerning a vivid dream and apologizing, whether that was part of the energetic healing process.

Archangel Raphael replied that forgiveness is the starting point for our journeys, in freedom, and in Love:

“It is absolutely part of the energetic healing process because what you are doing — do not forget that you are also in a time of karmic dispensation as well — but what you are doing is in your night work is that you are healing past relationships, and freeing the person and yourself.

“You are freeing yourself up to go forward on your separate journeys in freedom and in Love. Forgiveness is the starting point.” (1)

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The other day at work, I was asked to take out the cart with all the cardboard and plastic for recycling and garbage.

While I was there out at the crusher and the bins, I invoked Sanat Kumara and Ashira, Commander of UFOG, and the Universal Laws of Intent, Balance, Change and Transmutation to transmute all the garbage on Gaia.

I thought I was invoking for technology to help us with our pollution issues! Hmmm. . .

Well, I was, but what I found was that I was really asking for the transmutation, the forgiveness of everything not of love — my ‘pollution’ within — to peace, Love, joy.

The garbage was a metaphor for my pollution within.

Forgiving and forgiveness create peace,  
within and without.

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One of the most entrenched false grids, old beliefs – not only on Earth – is that ‘God is punishing’.

It is so entrenched that often we don’t even know it is there, creating dis-ease, from almost intangible discomfort to illness.

When we can see that these subconscious words, “God is punishing” have manifested dis-ease in our external reality, we can invoke a Divine Being, Universal Law, hope, compassion, peace, Love and the Mother’s Clarity.

Many times the reflection in the without, that we are seeing, is mirrored within ourselves.

Because [the false grids and our core issues](#) are so insidious, when we invoke beings and Love for external situations, we can be helping ourselves without even realizing it.

When a situation in the external triggers us, it is often an indication there is something within, we can look at.

The false grids and our core issues all stem from lack of self-love and/or lack of self-worth.

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Sanat Kumara on An Hour With An Angel talked of the false grid, 'God is punishing'.

I knew of this false grid, this entrenched belief, but didn't realize it was affecting me.

The oppression, strife, anxiety, separation, worry, interference, futility and disappointment I feel with an external situation of bombs being dropped, the completion of 'war/dis-ease' on the planet and within my physical and soul family taking so long is connected to the old belief 'God is punishing'.

We/I must be unloveable, unforgivable, unworthy for this to be happening.

What I have come to understand is the collective false grid/the false grid of 'God is punishing' — our/my deep sorrow — will be completely lifted when there is no more drought on Gaia.

When there is no more spiritual, mental, emotional and physical drought, no more 'war', 'starvation', 'gender inequality', 'lack', etc. on Gaia/within my physical and soul family, we will be free.

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Freedom is when everyone is peace and Love, understanding that apologies and forgiveness help create this.

Archangel Raphael spoke to us of Love, March 2012, on Heavenly Blessings helping us to remember how profoundly Loved we are:



“When I speak to you of healing, I speak to you of the healing of your heart, of your mind, of your emotional field, yes, of your life.

“And how do we do this?

“We do this by you recognizing and coming to understand your worthiness, your wholeness, how deeply you are loved, not only by me but by Mother–Father–One, by entire legions of angels.

“None of you, none of you have any idea how profoundly you are loved and when you come to know this, you are instantaneously healed.

“Yes, it is that simple and it is that complex; for has this not been the dis–ease of your planet of Earth, of the collective?

“It is that you have forgotten this very straightforward fact, that you are cherished.” (2)

We as a collective/as One family are coming  
to understand and know Divine Right Alignment  
— peace, Love, joy —  
with forgiveness of everything.

As above,  
so below,  
as within, so without.

The Mother forgives everything.  
In the higher realms  
we are forgiven for everything always.

We demonstrate we are sparks of the Mother,  
with apologies, forgiveness of self, of others, compassion,  
and understanding and knowing the constant state of gratitude.  
With that we come to understand profound peace, Love, joy,  
gratitude for our I Am, our Universal self,  
the Mother/Father One, the I Am.

When there are billions holding the energy  
of the only acceptable reality being peace and love,  
then peace will reign.

Archangel Michael

#### Footnotes

- (1) Archangel Raphael Speaks of Our Capacity to Heal, February 1, 2014, <http://counciloflove.com/2014/02/archangel-raphael-speaks-of-our-capacity-to-heal/>, Radio Show: [http://www.blogtalkradio.com/inlight\\_radio/2014/01/21/heavenly-blessings-archangel-raphael-healing-in-the-higher-realms-121201](http://www.blogtalkradio.com/inlight_radio/2014/01/21/heavenly-blessings-archangel-raphael-healing-in-the-higher-realms-121201)
- (2) “Archangel Raphael on Heavenly Blessings”, March 26, 2012, <http://counciloflove.com/2012/03/archangel-raphael-visits-with-linda-and-graham-on-heavenly-blessings/>, Radio show: <http://counciloflove.com/2012/03/archangel-raphael-visits-with-linda-and-graham-on-heavenly-blessings/>

## 9. Drought 2017 Around the World: What We Can Do

Spiritual, mental, emotional, physical drought in Africa, the Middle East, and other places on Gaia are very troubling. Often we feel overwhelmed with the enormity. Below is some information, and what we can do to help.

In Somalia close to 3 million people cannot meet their daily food needs. Over 500,000 people have fled their homes this year alone in search of food, water, and safety.

Acute watery diarrhea and cholera has spread to 11 of 18 regions of the country, with over 18,000 cases reported just this year.

Women are particularly impacted, sometimes forced to walk many kilometres to fetch water. In Somalia women will walk 25 to 50 kilometres on average to fetch water, exposing them to violence and sexual abuse.

Yemen is facing the largest food security crisis in the world with almost 7 million people requiring immediate life-saving assistance and at least 462,000 children suffering severe acute malnutrition. Conflict has damaged and obstructed water networks and only 45 per cent of the country's health facilities are functioning.

And in north-east Nigeria, violence has left millions displaced and some 4.7 million people in severe food insecurity – at least 450,000 of them are children suffering from severe acute malnutrition.

Young Halima has trekked for four days and nights in search of water. “We have named this drought Odi Kawayn, which is Somali for “something bigger than the elders,” she said. “None of our elders has ever seen a drought as severe as this one.”

Some 6.2 million people — half of Somalia’s population — need aid to survive, and 2.9 million of these people do not know where their next meal will come from. Somalia has always been prone to drought, but some parts of the country have not received rain for three consecutive years.

<http://www.unocha.org/>

Kenyan farmers protecting wetlands and how there had been a downpour:

BUSIA, Kenya, April 19 (Thomson Reuters Foundation) – Armed with a hoe and Wellington boots, George Wandera planted bamboo seedlings in neatly dug holes along the banks of a stream on his farm that feeds a nearby lake in western Kenya.

“I’ve never tried this on my farm before but it’s the first step in protecting the stream,” he said. “Before the last downpour a few days ago, the water source had completely dried up.”

Large swathes of Kenya – including parts of Busia county where Wandera lives – are experiencing severe water shortages, which have damaged crops and left 2.6 million people in need of aid.

The country’s wetlands too have suffered in the drought, putting at risk communities who depend on them for fishing or irrigation, and who rely on them to act as a buffer from floods and drought.

<http://af.reuters.com/article/commoditiesNews/idAFL5N1HB4WT>

Here are ways we can help:

Joining at 8PM every night for 8 minutes creating the highest vision of peace, Love, joy, balance, with the Divine, our Star Brothers and Sisters for Nova Earth, with great great gratitude to Gaia for her patience.

When there are billions holding the energy  
of the only acceptable reality being peace and love,  
then peace will reign. (1)

Archangel Michael

Think about what I say, Love feeds and grows Love.  
It is the essence of All, and the more it is fed  
and nurtured, the greater it grows. (2)

Universal Mother Mary

Ongoing conscious inner clearing, understanding and knowing the false grids and our core issues — that each of us affect the whole — knowing that we are “wounded and healed”, peace, Love, joy, within and without.

Being conscious while doing physical household cleaning. “I am cleaning up the planet — the homeless issue, pollution in the ocean, etc. — as I do the laundry, vacuum, dust” and as we cook and serve, see ourselves serving all the ones in need, the families without enough to eat around the globe. . .

Everywhere there is physical, mental, emotional, spiritual drought on Gaia, we can also speak out loud to the water element, and connect to the All, breaking through the old barriers of isolation, separation and repression of expression.

Here are some words adapted from what St. Germaine gave us to say to the water element when we were working on drought in California:

Will you come with me and will you rain,  
in perfect harmony and proportion?  
Will you come with me and rain,  
and create a lush planet yet again,  
and will you share this bounty all over Gaia?

Sharing our Love in this way, creates the beauty of harmony in partnership, with our human community around the globe and with the elements and Gaia.

Mastering our inner climate — becoming more peaceful, forgiving, Loving, gentle, kind, joyful — helps balance all situations on Gaia, including the weather.

Quietly listening, [meditating](#) for inspirational Divine Guidance helps balance everything.

An Invocation for Physical, Mental, Emotional,  
Spiritual BALANCE on Gaia:

I invoke the Mother, Archangel Michael, Archangel Raphael, Archangel Uriel, Archangel Gabrielle, Archangel Jophiel, St. Germaine, Sanat Kumara and the Universal Laws of Intent, Balance, Change, and Unification for peace and Love,  
BALANCE on Gaia.

[Project Peace & Love](#)

Holding the highest vision -- 8 minutes at 8PM -- daily

#### Footnotes

- (1) Archangel Michael: Continue to Dream Big Despite What Is Happening Around You, September 4, 2014, <http://counciloflove.com/2014/09/archangel-michael-continue-to-dream-big-despite-what-is-happening-around-you/>
- (2) Universal Mother Mary ~ Resurgence of the Tsunami of Love, May 13, 2017, <https://counciloflove.com/2017/05/universal-mother-mary-resurgence-of-the-tsunami-of-love/>

## 10. Expansion of Clarity, Purity, Grace, Wonder and Awe in the Mother's Tsunami of Love

The Mother has activated Her Tsunami of Love for greater gentle awakening and revitalization. She is asking us to float, to bathe, in Her Love, and feel the expansion of Her Gifts of Clarity, Purity, Grace, Wonder and Awe.

In this resurgence of Her Tsunami of Love is reconstitution, recalibration, nurturing and comfort, with the Mother reminding us of the importance of gentleness, within and without.

“My request to thee is come into the gentleness. I do not wish to sweep you away but I do wish to wash you clean, to refresh you, to renew you.

“So, come to the water's edge, allow yourself to float on my love, to be, literally, a part of my nurturing, my comfort.” (1)

Not only is Her Love gentle but it is the strongest, too. She asks us to allow deeper integration and to simply know She is with us.

“I am the strongest and the gentlest; these are not polar opposites, they are one. Allow this deeper integration and simply know, sweet ones, I am with you.” (2)

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In the Mother's Tsunami of Love is Her Gift of Clarity — gentle blue, aqua and blue topaz, clear blue light — that we can absorb like a sponge.

The Mother speaks of the clarity of Her Love for each and every one of us, for us to truly know that we did not come to suffer.

“Why? Because I desire to, because it is part of my eternal creation, and because I love you.

“Yes, I love the collective, but do not for one moment think or feel that I do not know and love the totality of you, my beloved, of every fibre, every hair on your head, every cell in your body, and when you can accept that and allow that you are set free.” (3)

The Mother is asking us to receive, to bask in, to share Her Love, then receive more Love, anchor, and repeat so we simply are Who We Are.

“So I ask you, yes, as your Mother, to receive, to share, to receive, and to anchor, and to allow this new awareness, to simply be who you are.” (4)

In doing this we activate Her Gifts of Clarity, Purity, Grace, Wonder and Awe, conscious awareness of our wholeness, oneness.

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The Mother has been speaking to us for years now of our core false grid of lack of self-worth and lack of self-love.

With Her Gift of Clarity, we’re coming to understand and know what is not of love, what not to focus on:

“All qualities, all gifts, are of my essence, are of love. This is the substance and the essence of all of our creations. And it is what, with clarity, you are coming back to know and understand and realize, that if a creation is not of love, then it is not worth your energies to invest in.” (5)

She says if it is of the old illusion, if it is not of purity, we are to turn away, blessing it and relinquishing it immediately:



“Purity and grace. It is the truth. And with the clarity you have the ability, the wisdom, to see not only your purity, your core essence, which is magnificent, you have the knowing, the inhabiting in physical form of that knowing, of that complete sense of being pure.

“And you know it not only of your own being, but of everybody else, everything else, every kingdom, and of Gaia herself.” (6)

She asks us to accept, open and receive an increase, an expansion of Her Gifts of Purity:

“When you accept, when you open and receive the fullness of purity, there can be nothing else. So you are able to experience that state of Who You Truly Are.

“And I do not just mean this wondrous spark of Divinity, I mean you can experience your self as you were created, inter-dimensional, trans-dimensional, creator force, one of a family of many universes.” (7)

She says when we are in clarity, when we are in truth, we are in unity with no confusion, simply Who We Are:

“When you are in clarity, when you are in truth, then you are in unity with us and with each other, and what previously may have been befuddling is no longer.

“And because of that you are able to send your love and your clarity to the elements, or the pieces that need the infusion of energy to be unblocked, to be transformed, transmuted, brought into alignment, not only with my plan, but with my Law.” (8)

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Open, receive, send, bask in the gentle waves of the Mother's Tsunami of Love, and the increased expansion of Her Gifts of Clarity, Purity, Grace, Wonder and Awe.

Thank you, Universal Mother Mary.

### An Invocation

I invoke Universal Mother Mary and Your Gifts of Clarity, Purity, Grace, Wonder and Awe to know Who I Am in alignment with Your Plan and Your Law.

#### Footnotes

- (1) "Allow Yourself to Float on My Love," May 21, 2017, at <http://counciloflove.com/2017/05/allow-yourself-to-float-on-my-love/>
- (2) Loc. cit.
- (3) "Divine Mother: "Time is of the essence..." December 6, 2013, at <http://counciloflove.com/2013/12/divine-mother-time-is-of-the-essence/>; AHWAA, at [http://www.blogtalkradio.com/inlight\\_radio/2013/12/06/an-hour-with-an-angel-the-divine-mother-on-purity](http://www.blogtalkradio.com/inlight_radio/2013/12/06/an-hour-with-an-angel-the-divine-mother-on-purity)
- (4) "Divine Mother Penetrates Us With Her Gift of Clarity So We Can Help Her Infuse the Entire Planet," October 8, 2013, at <http://counciloflove.com/2013/10/divine-mother-penetrates-us-with-her-gift-of-clarity-so-we-can-help-her-infuse-the-entire-planet/>
- (5) "Divine Mother: "Time is of the essence..." ibid.; AHWAA, ibid.
- (6) Loc. cit.
- (7) Loc. cit.
- (8) "Divine Mother Penetrates Us With Her Gift of Clarity So We Can Help Her Infuse the Entire Planet," October 8, 2013, at <http://counciloflove.com/2013/10/divine-mother-penetrates-us-with-her-gift-of-clarity-so-we-can-help-her-infuse-the-entire-planet/>

# Conclusion

Thank you for requesting this information and for all your work creating Nova Being and Nova Earth.

Letting go and changing up the old ways is bringing in the New, for us and therefore for many.

From posting the Mighty Ones daily, to understanding the false grids and our core issues, to invoking the Divine Beings and the Sacred Flames, and using other Gifts, we co-create healing, enlightening ourselves.

As more and more of us study and practice these Divine Understandings, our knowing allows the light of our Universal self to anchor closer and closer to us in the higher vibrations and frequencies.

With peace, Love, joy,

Kathleen

Contact & Sharing

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